

Key ACT Insights 2019

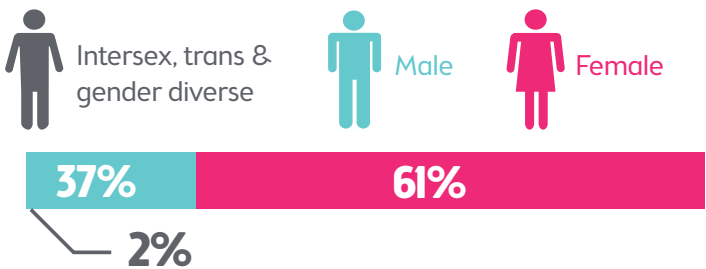
Kids Helpline gives children and young people support anytime and for any reason. It is designed to play complex and multifaceted roles in the ACT mental health system, including as a front door to services and support, as well as roles in prevention, soft entry, safety net and case management. While Kids Helpline is able to help many children and young people, 48% of contacts to Kids Helpline from the ACT were not able to be answered in 2019.

Number of ACT contacts to Kids Helpline



Who contacted us?

Gender (N=2,659 where gender is known)



Categories of counselling concerns

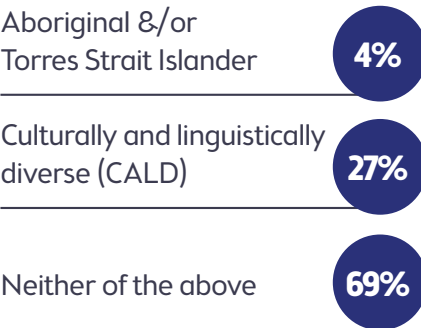
ACT counselling contacts related to



Age (N=2,604 where age is known)



Culture (N=1,288 where culture is known)



Medium of contact



Total number of ACT Sessions to Kids Helpline website resources:



Top tip sheets accessed:

Bullying, Sexting, Building resilience

How are we funded?

Operating costs in 2019 were \$12.85M funded by:

