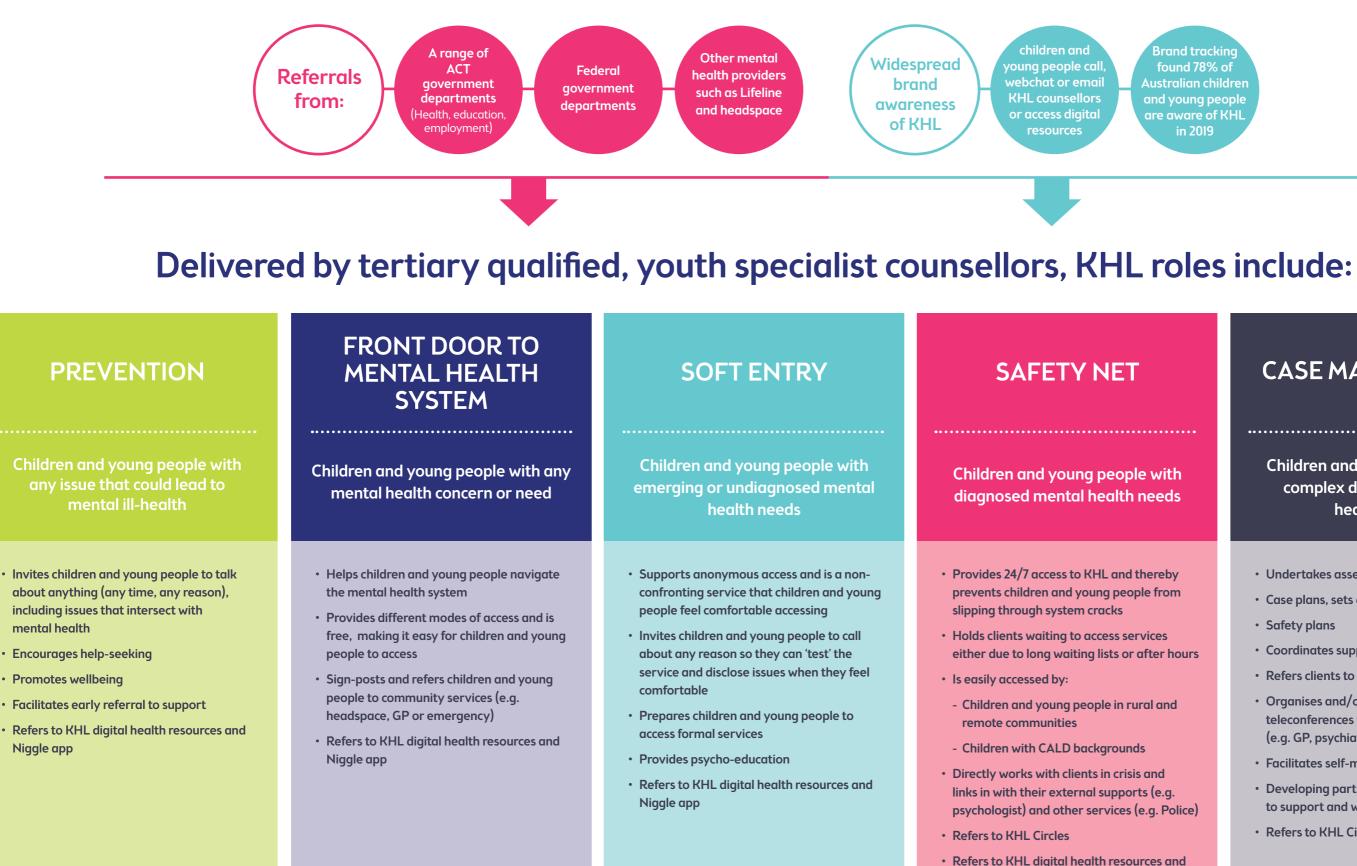


Niggle app

## Kids Helpline(KHL): A part of the ACT mental health infrastructure

## Kids Helpline contacts come from...





**Brand tracking** found 78% of Australian children and young people are aware of KHL in 2019


Niggle app

## **CASE MANAGEMENT**

Children and young people with complex diagnosed mental health needs

- Undertakes assessments
- Case plans, sets goals and case reviews
- Safety plans
- Coordinates support services
- Refers clients to other services
- Organises and/or participates in case teleconferences with other support services (e.g. GP, psychiatrist or psychologist)
- Facilitates self-management
- Developing partnership with Orygen re how to support and work with 'missing middle'
- Refers to KHL Circles