

# AUSTRALIAN CAPITAL TERRITORY

our impact

2022



## ACT

## AUSTRALIA

### 1 Responses by counsellors

3,000; 2%

145,000; 100%

### 2 Counselling sessions

2,000; 2%

83,000; 100%

### 3 Contacts outside regular working hours\*

1,000; 2%

87,000; 100%

### 4 Duty of care actions

100; 2%

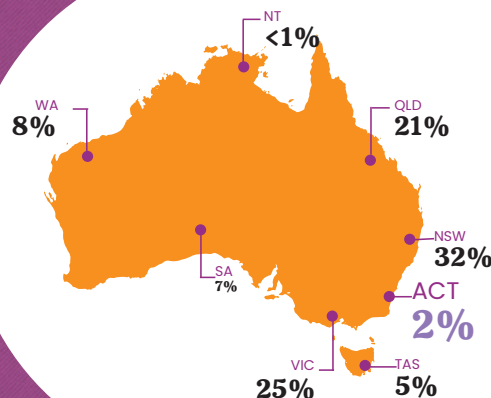
5,000; 100%

### 5 Primary school children in Kids Helpline @ School sessions

1,000; 3%

48,000; 100%

## locality



ACT AUS

Major Cities



Inner Regional



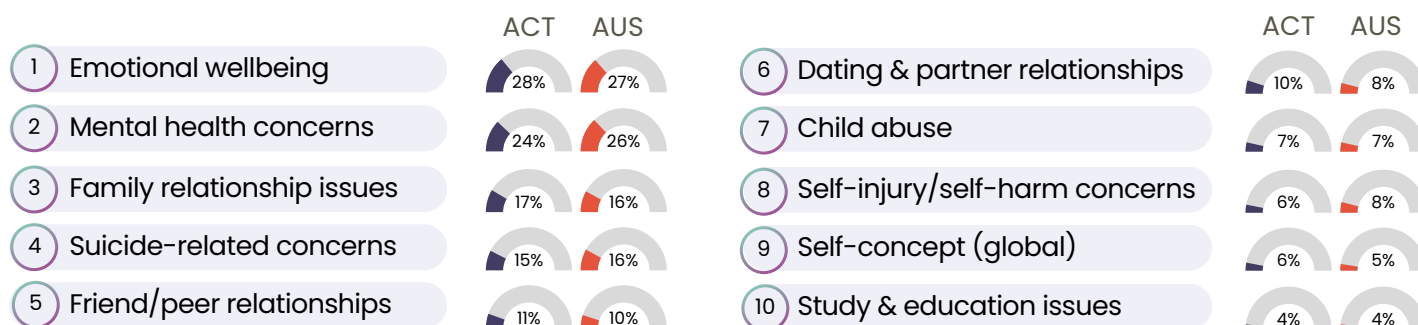
Outer Regional  
Remote





# Kids Helpline's impact in Australian Capital Territory

## top concerns for young people

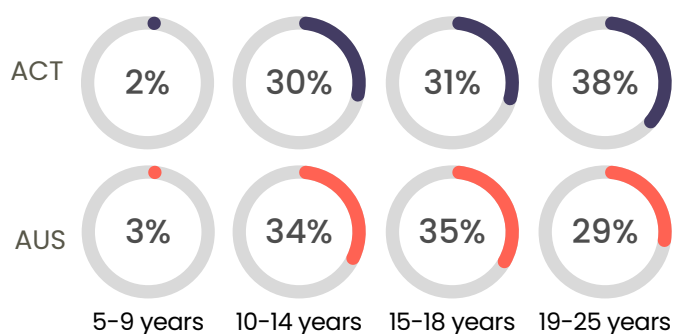


## top duty of care concerns

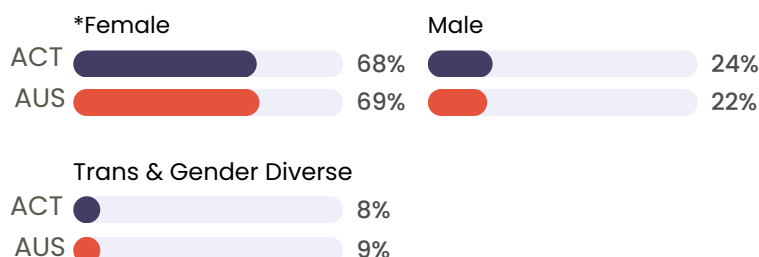


Duty of Care includes contacts where counsellors engage with external services (e.g. police, ambulance, domestic and family services, homeless shelters etc.) to assist young people who have experienced harm or who they believe are at risk of harm.

## ages of young people we helped

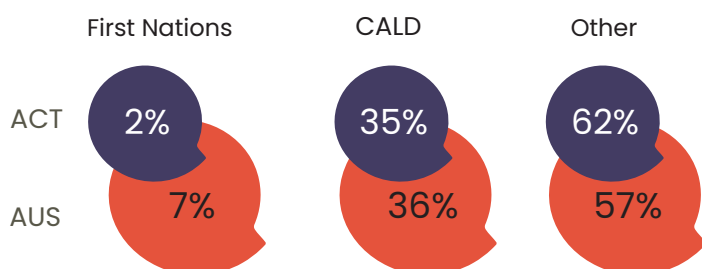


## gender identification



\*It should be noted that Kids Helpline data strongly indicates that females are more likely to reach out for help and this may not necessarily reflect that more females are experiencing crisis.

## cultural background



## how young people reach out

