## BEING SAFE AND RESPECTED WHEREVER YOU ARE...

- We want no harm to come to you
- You have the **right to feel safe** everywhere and at all times
- You have the right to be respected that means to be listened to and cared for

## BEING SAFE MEANS:

- People care about you and you feel good about being included in activities
- You know where to go if you need help or support
- You are not hurt and don't feel that you will be hurt by others
- You know the rules about being safe
- People listen to you and you are asked for your ideas

## WHAT IF YOU OR SOMEONE YOU KNOW DOESN'T FEEL SAFE

- You always have the right to be safe and to feel safe, no matter where you are.
- If you are worried about yourself or someone else then **tell someone you trust**.
- You can talk to any yourtown people or adults you trust like your mum or dad or your teacher.
- It can be hard to talk about why you don't feel safe but be brave and know that your safety is very important to us and you will be listened to.





