

Media release



yourtown is seeking donations of pyjamas and toys for South East Queensland's most vulnerable mothers and children traumatised by domestic violence.

Christmas is a time of celebration and family, but it's also a time for giving.

"When donors think of supporting children and young people over the holiday season, they don't often think of the domestic and family violence refuges that are a temporary home for mothers and their children over the festive season," said **yourtown** Head of Marketing and Fundraising Tracey Gillinder.

"Often mothers and children come into the refuge and they have nothing. We are currently struggling with a lack of sleep attire, especially fresh new pyjamas at our Queensland-based women's refuge service which provides crisis housing to women and their children who have experienced domestic violence," said Ms Gillinder.

"This year **yourtown's** Domestic and Family Violence Refuge has been under more strain than ever, having supported 114 mothers and their young children," she said.

"Many women and children at the refuge live with unresolved and complex trauma, compounded and reinforced over time by domestic and family violence. For this reason the location of our safe haven for these families is not disclosed to the public," Ms Gillinder said.

"The need for brand new sleepwear is enormous. These are mothers and their children who are in survival mode, in dire need of sanctuary and support. Adult women sizes from 8 - 16, and sleepwear for children, boys or girls with ages ranging from 1 to 14 years of age are most in need. We are also seeking toys and board games for the kids this year. The gift of a brand new set of pyjamas, nightie or a board game can be so beneficial as these items are symbolic of home comforts," said Ms. Gillinder.

The three collection points for brand new sleepwear with the tags on can be delivered to **yourtown** locations during the month of December. **yourtown** headquarters - Suite 5, Cordova Street, Milton, **yourtown** southside 47 Mary Street Kingston and **yourtown** northside 219 Deception Bay Road Deception Bay.

yourtown is a charity with services young people can access to find jobs, learn skills, become great parents and live safer, happier lives. For over 59 years, we've been tackling the issues impacting young people in Australia - like mental health and unemployment, and taking on issues like family and domestic violence.

If you or someone you know is impacted by domestic or family violence contact DV Connect on 1800 811 811.

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