## yourtown Domestic & Family Violence Service Program Theory

## **INPUTS PROCESS OUTCOMES SHORT TERM OUTCOMES INTERMEDIATE OUTCOMES ACTIVITIES LONG TERM OUTCOMES** Families' immediate practical ACCESS TO SUSTAINABLE yourtown funding needs are met (e.g. safety, HOUSING Families are less stressed and Donations in kind shelter, food, clothing, financial, maintain safe accommodation legal) Women can navigate the during and post refuge housing market and have the Women and their children feel Secure residential site physically and psychologically safe to engage in the program Women strengthen their rental Fully furnished, selfhistory contained houses and cabins in a secure rural **ASPIRATIONS & PLANS** Women pay rent and increase Women believe in their capacity their understanding of rights Women increase their to take control of their own lives and services for women and responsibilities as a tenant understanding of DFV and how and plan a safe and positive and their children during and post refuge this impacts on safety and future for themselves and their family functioning Appropriately trained and ualified staff: Women experience choices to Women increase understanding Families: Service Manager ACCESS TO SERVICES maintain control over their of the impact of DFV and **Client Services Coordinator** lives, are aware of their options factors that increase risk of are safe Case Workers - Families & Women are independently able for support and engage in DVF (e.g. AOD, mental health, access and maintain to access services and supports external services that provide coercive control & DFV related Social Skills & Activities safe, long-term that enable them to meet their wrap around support to families behaviours, legal matters) sustainable housing Workers own and their children's needs are connected to their DFV Counsellor Women increase understanding community Child & Family Counsellor INDEPENDENT LIVING SKILLS of children's needs and impact Women have increased have enhanced family Administration Officer of DVF on their relationships knowledge and skills to manage relationships Site Support Worker Women possess the necessary and child development stressors and life challenges have improved Maintenance Officer confidence, skills and access to emotional and and have improved supports for safe independent relationships with their children physical wellbeing. Partnerships/relationships with: living with their children Referring services (e.g. DV Women increase self-care (including parallel and/or co-Life prospects have Connect) behaviours including parenting) and have increased improved and the Key stakeholders strengthening life skills (e.g., confidence and skills to advocate Women strengthen their skills intergenerational effects cooking, household tasks, for their needs safely in the and confidence to support of DFV and complex Evidence-informed programs, budgeting, health management) living independently with their trauma are interrupted, theories and frameworks children reduced and/or (e.g. Trauma Informed Care) ameliorated. Women improve their tolerance to distress/stress and have Program resources (e.g. CHILD WELLBEING & improved self-regulation and coemergency aid, food and DEVELOPMENT regulation with their children. household supplies, clothing, Children feel more bonded to school supplies) their primary carer, can regulate Children experience: Women and their children have emotions better and are more Safety and the reduced need more positive interactions with Supervision and professional confident for child protection orders each other. development for staff Improved trust in their Children experience improved primary carer Motor vehicles used for client Families increase their attachment, feel safer and transport and site operations connections to community and develop skills to self-regulate. physical wellbeing social supports (e.g. school) Improved psycho-social and emotional development Data Information Systems Improved behaviour and Increased community awareness Community, school, support & understanding of DFV issues increased capacity to selfservices & peers have increased that affect families, and regulate and respond more yourtown Facilities, capacity to support families appropriately to stressors partnerships to support families Infrastructure & Governance experiencing DFV Improved engagement with escaping DFV